



ARTICLE ORIGINAL / RESEARCH ARTICLE

Clinical and imaging concordance of non-traumatic abdominal emergencies in children in two secondary level hospitals in Cameroon.

Concordance clinique-imagerie des urgences abdominales non traumatiques de l'enfant dans deux hôpitaux de deuxième catégorie au Cameroun

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RÉSUMÉ

Contexte : Les urgences abdominales non traumatiques (UANT) représentent un challenge diagnostique en pédiatrie, du fait de leur présentation clinique atypique, notamment dans les contextes à ressources limitées où les pratiques d'imagerie varient.

Objectif : Cette étude a évalué le profil des UANT pédiatriques et la concordance radio-clinique dans deux hôpitaux régionaux du Cameroun.

Matériels et Méthodes : Etude rétrospective menée dans les hôpitaux régionaux de Buea et Limbe entre janvier 2022 et avril 2024. Les dossiers des enfants de 0 à 15 ans présentant des symptômes abdominaux aigus et ayant bénéficié d'un examen d'imagerie ont été analysés. Les dossiers incomplets ont été exclus. Les données comprenaient les caractéristiques sociodémographiques, la présentation clinique, les modalités d'imagerie et les diagnostics. La concordance entre les diagnostics cliniques et radiologiques a été évaluée par pourcentages et par le coefficient kappa de Cohen.

Résultats : Sur 116 enfants inclus (âge moyen $7,1 \pm 4,8$ ans ; 55,2 % de garçons), les enfants d'âge scolaire (6–12 ans) étaient les plus représentés (44,0 %). Les symptômes les plus fréquents étaient la douleur abdominale (63,8 %), les vomissements (46,6 %) et la fièvre (28,4 %). L'échographie était l'imagerie la plus utilisée (79,3 %). Le recours au scanner était rare (0,9%). Les principales étiologies confirmées étaient l'invagination intestinale (15,5 %), la péritonite (14,7 %) et la hernie (10,3 %). La concordance radio-clinique globale était de 52 %, avec un accord substantiel pour la hernie ($\kappa=0,776$) et l'invagination ($\kappa=0,656$), et modéré pour l'appendicite ($\kappa=0,543$).

Conclusion : Les UANT pédiatriques sont fréquentes au Cameroun. L'échographie reste essentielle, mais la concordance radio-clinique modérée souligne la nécessité de renforcer les



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capacités d'imagerie et les protocoles standardisés pour améliorer la précision diagnostique en milieu à ressources limitées.

ABSTRACT

Background: Non-traumatic abdominal emergencies (NTAEs) are a major cause of pediatric consultations in emergency departments. Their atypical presentation complicates diagnosis, especially in resource-limited settings where imaging practices vary.

Objective: This study evaluated the profile of pediatric NTAEs and the concordance between clinical and imaging diagnoses in two regional hospitals in Cameroon.

Material and Methods: A retrospective review was conducted at Buea and Limbe Regional Hospitals from January 2022 to April 2024. Records of children aged 0–15 years presenting with acute abdominal symptoms and who underwent imaging were analyzed. Incomplete records were excluded. Data included socio-demographics, clinical presentation, imaging modalities, and diagnoses. Concordance between clinical and imaging diagnoses was assessed using percentages and Cohen's kappa coefficient.

Results: Among 116 children (mean age 7.1 ± 4.8 years; 55.2% male), school-aged children (6–12 years) were most represented (44.0%). Common symptoms included abdominal pain (63.8%), vomiting (46.6%), and fever (28.4%). Ultrasound was the primary imaging modality (79.3%); CT was rarely used (0.9%). Leading imaging-confirmed etiologies were intussusception (15.5%), peritonitis (14.7%), and hernia (10.3%). Overall concordance between clinical and imaging diagnoses was 52%. Substantial agreement was found for hernia ($\kappa=0.776$) and intussusception ($\kappa=0.656$), while appendicitis showed moderate agreement ($\kappa=0.543$).

Conclusion: Pediatric NTAEs are prevalent in Cameroon, with intussusception and peritonitis as leading causes. Ultrasound remains central to diagnosis due to its accessibility, diagnosis accuracy and innocuity. Moderate clinical and imaging concordance highlights the need to strengthen imaging capacity and standardize pediatric abdominal ultrasound protocols to improve diagnostic accuracy and outcomes in low-resource settings.

1. Introduction

Non-traumatic abdominal emergencies (NTAEs) refer to the sudden onset of acute abdominal pain or related symptoms, not caused by trauma, that require medical or surgical intervention within a short period (typically 48 hours) [1]. They represent one of the most frequent reasons for pediatric consultation in emergency departments (EDs) [2]. Etiologies range from self-limiting conditions to life-threatening pathologies such as acute appendicitis, intussusception, mesenteric lymphadenitis, intestinal obstruction, necrotizing enterocolitis, renal disease, and organ perforation [3]. Clinical presentation and physical examination alone are rarely sufficient for diagnosis. Imaging modalities therefore play a pivotal role in the evaluation and management of children with NTAEs. In France, Lambot et al. reported that approximately 20% of daily imaging requests were for pediatric patients presenting with NTAEs [4]. In the United States, He et al. (2016) estimated that imaging requests for children with NTAEs included ultrasonography (53.6%), computed tomography (28.5%), plain radiography (7.3%), fluoroscopy (5.6%), and magnetic resonance imaging (5.0%) [5].

In sub-Saharan Africa, imaging practices vary widely depending on availability. In Uganda, Sibanda et al. (2020) found ultrasound to be highly sensitive and appropriate for investigating pediatric NTAEs [6]. In Togo, Essobiyou et al. (2023) reported plain abdominal

radiography as the most frequently used modality (77.2%), with CT scans unavailable in their setting [7]. In Cameroon, Tambe et al. (2021) showed that ultrasonography and plain radiography were the main modalities used for adults with NTAEs, with ultrasound being the most frequently requested [8].

Despite these findings, best practices for pediatric imaging remain unclear, with ongoing debate regarding the relative roles of ultrasound, plain radiography, CT, and MRI. Each modality differs in accuracy, safety, and cost-effectiveness, with CT scans raising particular concerns due to radiation exposure. Implementing appropriate imaging strategies in children with NTAEs is critical to reducing complications and mortality associated with misdiagnosis.

The aim of this study was to assess the profile of non-traumatic abdominal emergencies in children at Limbe and Buea Regional Hospitals.

2. Material et Methods

2.1 Study area, design and period

This was a retrospective review of records conducted at Buea and Limbe Regional Hospitals between January 2022 and April 2024. These are 02 secondary level hospitals, situated in the south-west region of Cameroon, at about 75 kilometers each from the economic capital Douala. These are reference hospitals in the region, each having a medical imaging center offering services in radiography, ultrasonography and ct-scan, under the

supervision of 02 radiologists in each hospital. Both hospitals have a pediatric unit with 02 pediatricians. They also have each a surgery unit with many surgeons. In Limbe there is a pediatrician surgeon, but no specific pediatric surgery unit.

Data were collected from files of children admitted between January 2022 and April 2024 using a structured, pre-tested data collection form.

2.2 Study population, inclusion, and exclusion criteria

The study included children aged 0–15 years admitted with abdominal pain or related symptoms to the pediatric and surgical units of the two hospitals, provided an imaging diagnosis was available. Each file was reviewed once. Files with incomplete data were excluded.

2.3 Sample size and sampling technique

A minimum sample size of 116 participants was calculated using Cochran's formula:

$$n = \frac{z^2 p (1-p)}{d^2}$$

with a 5% margin of error at a 95% confidence level. The proportion of pediatric non-traumatic acute abdomen was estimated from Balachangran et al. (2013) [9]. Sampling was exhaustive and non-probabilistic.

2.4 Ethical considerations

Ethical clearance was obtained from the Institutional Review Board of the Faculty of Health Sciences, University of Buea (Ref: 2023/2181-11/UB/SG/IRB/FHS). Administrative authorization was also obtained from the South-West Regional Delegation of Public Health and the directors of the different hospitals.

2.5 Data collection

Data were collected by the principal investigator using a structured data collection form to capture socio-demographic, clinical, imaging informations. Records of children aged 0–15 years presenting with acute abdominal symptoms managed within 48 hours were reviewed. Only files with an imaging diagnosis were retained, regardless of whether surgery was performed or not. Imaging tests were requested by physicians and performed by radiologists in the respective hospital units. Each file was assigned a unique study identification number to ensure confidentiality.

2.6 Study variables

- Independent variables: age, gender.
- Dependent variables: presenting signs and symptoms,

clinical diagnosis, type of imaging requested, imaging diagnosis, and concordance between clinical and imaging diagnoses.

2.7 Data management and analysis

Data were entered into Census and Survey Processing System (CSPPro) version 7.7, transferred to Microsoft Excel 2016, and analyzed using SPSS version 23. Descriptive statistics (mean, median, frequency, percentage) were computed.

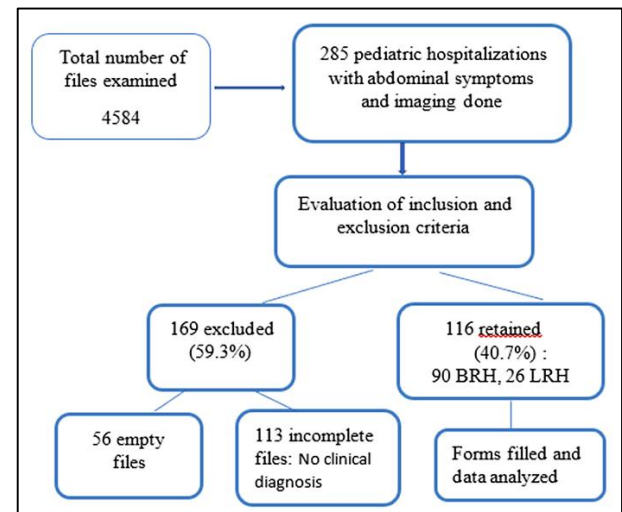
Concordance was calculated as: $\text{Concordance (\%)} = \frac{\text{Number of concordant diagnoses}}{\text{Total diagnoses}} \times 100$

Cohen's kappa coefficient was used to assess agreement between clinical and imaging diagnoses, ranging from 0 (no agreement) to 1 (perfect agreement).

A 95% confidence interval was applied, and p-values <0.05 were considered statistically significant.

3. Results

A total of 285 files of pediatric hospitalization of children presenting acute abdominal symptoms who had an imaging done, were sort out from 4584 examined files. More than half was excluded for incompleteness (**Figure 1**).



BRH: Buea Regional Hospital, LRH: Limbe Regional Hospital

Figure 1: Flow chart of data collection

3.1 Socio-demographic characteristics

A total of 116 children records were included in this study. The majority were from Buea Regional Hospital (n=90, 77.6%), while 26 (22.4%) were from Limbe Regional Hospital. Males predominated (n=64, 55.2%),

giving a sex ratio of 1.2:1. The mean age was 7.08 ± 4.81 years, with a median of 7 years (IQR: 1.75–11.0). School-aged children (6–12 years) were the most represented group (n=51, 44.0%), followed by toddlers (1–6 years; n=34, 29.3%). Infants and adolescents represented respectively 14.7% and 12.1%. Most caregivers were unemployed (61.2%).

3.2 Clinical characteristics of non-traumatic abdominal emergencies in children

Abdominal pain was the most frequent presenting symptom (n=74, 63.8%). Vomiting was reported in 54 (46.6%), and fever in 33 (28.4%).

On examination, abdominal tenderness was the predominant sign (n=77, 66.4%), Other findings included abdominal distension (25.0%), palpable mass (14.7%), guarding (9.5%), and rigidity (5.2%) (Table I).

Clinically, acute appendicitis was the most frequently suspected diagnosis (n=17, 14.7%), followed by intussusception (n=16, 13.8%) and hernia (n=13, 11.2%) (Table II).

Table I. Clinical presentation of NTAE in children.

	Categories	Frequency	(%)
Abdominal symptoms	Abdominal pain	74	63.8
	Vomiting	54	46.6
	Fever	33	28.4
	Swollen abdomen	9	7.8
	Constipation	7	6.0
	Currant jelly stools	6	5.2
	Diarrhea	6	5.2
Abdominal signs	Abdominal tenderness	77	66.4
	Abdominal distension	29	25.0
	Palpable abdominal mass	17	14.7
	Abdominal guarding	11	9.5
	Abdominal rigidity	6	5.2

Table II. Common clinical diagnosis.

Variables	Modalities	Frequency	(%)
Clinical diagnosis	Acute appendicitis	17	14.7
	Intussusception	16	13.8
	Hernia	13	11.2
	Peritonitis	10	8.6
	Acute abdomen	7	6.0
	Others	53	45.7
	Total	116	100

3.3 Imaging requested in non-traumatic abdominal emergencies in children

Ultrasound was the most frequently requested imaging modality (n=92, 79.3%). A combination of ultrasound and plain abdominal radiography was used in 12 cases (10.3%), while plain radiography alone was performed in 11 (9.5%). Only one patient underwent computed tomography (0.9%).

3.4 Etiologies of non-traumatic abdominal emergencies on imaging

Imaging revealed intussusception as the most common etiology (n=18, 15.5%), followed by peritonitis (n=17, 14.7%) and hernia (n=12, 10.3%) (Figure 2).

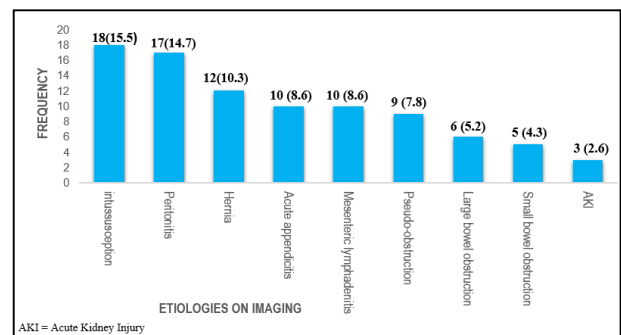


Figure 2: Common etiologies of non-traumatic abdominal emergencies on imaging

Table III. Concordance between clinical and imaging diagnoses

Category	Clinical diagnosis	Imaging diagnosis	Matching diagnosis
Peritonitis	10	17	10
Intussusception	16	18	16
Hernia	13	12	12
Acute appendicitis	17	10	10
Large bowel obstruction	3	3	3
Small bowel obstruction	3	3	3
Mesenteric lymphadenitis	0	10	0
Pyloric stenosis	3	2	2
Pseudo-obstruction	2	9	2
Acute kidney injury	2	2	2
Total (n=116)			52% (60)

3.5 Concordance between clinical and imaging diagnoses

Overall concordance between clinical and imaging diagnoses was 52% (n=60/116). Intussusception showed the highest concordance, with 16 of 18 imaging-confirmed cases correctly suspected clinically. For acute appendicitis, 10 of 17 clinical suspicions were confirmed by imaging. Hernia also demonstrated strong concordance, with 12 of 13 clinical diagnoses confirmed (Table III).

3.6 Agreement between clinical and imaging diagnosis using Cohen kappa

Cohen’s kappa analysis demonstrated moderate to substantial agreement between clinical and imaging diagnoses for several conditions. Substantial agreement was observed for hernia ($\kappa=0.776$, $p<0.0001$) and intussusception ($\kappa=0.656$, $p<0.0001$). Peritonitis also showed strong agreement ($\kappa=0.709$, $p<0.0001$).

Conversely, small bowel obstruction showed poor agreement ($\kappa=-0.033$, $p=0.710$). Very high

agreement was observed for acute kidney injury ($\kappa=0.796$, $p<0.0001$), pyloric stenosis ($\kappa=0.796$, $p<0.0001$), and chronic kidney injury ($\kappa=1.000$, $p<0.0001$) (Table IV).

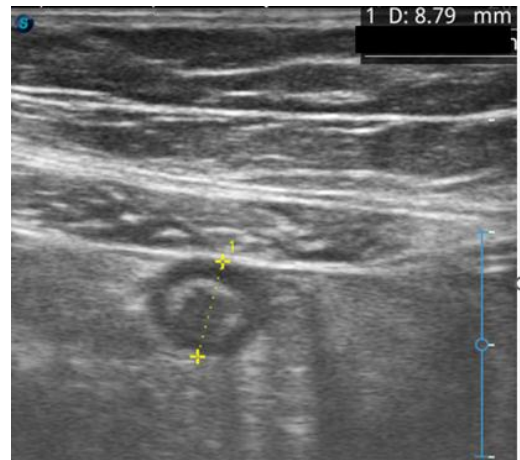


Figure 3: Enlarged and non-compressible appendix in a 12 year-old male on axial plane on abdominal ultrasound

Table IV. Concordance between clinical and imaging diagnoses

Variables	Imaging diagnosis		Kappa coefficient	p-value
	No	Yes		
Peritonitis			0.709	0.0001
Clinical diagnosis	No 99 (100.0%)	7 (41.2%)		
	Yes 0 (0.0%)	10 (58.8%)		
Intussusception			0.656	0.0001
Clinical diagnosis	No 94 (95.9%)	6 (33.3%)		
	Yes 4 (4.1%)	12 (66.7%)		
Hernia			0.776	0.0001
Clinical diagnosis	No 97 (91.5%)	2 (20.0%)		
	Yes 9 (8.5%)	8 (80.0%)		
Acute appendicitis			0.543	0.0001
Clinical diagnosis	No 67 (100.0%)	0 (0.0%)		
	Yes 0 (0.0%)	10 (100.0%)		
Large bowel obstruction			0.194	0.026
Clinical diagnosis	No 113 (100.0%)	1 (33.3%)		
	Yes 0 (0.0%)	1 (16.7%)		
Acute kidney injury			0.796	0.0001
Clinical diagnosis	No 73 (100.0%)	0 (0.0%)		
	Yes 2 (66.7%)	2 (66.7%)		
Small bowel obstruction			-0.033	0.710
Clinical diagnosis	No 108 (97.3%)	5 (100.0%)		
	Yes 3 (2.7%)	0 (00.0%)		
Pyloric stenosis			0.796	0.0001
Clinical diagnosis	No 113 (99.1%)	0 (0.0%)		
	Yes 1 (0.9%)	2 (100.0%)		
Intraabdominal abscess			0.661	0.0001
Clinical diagnosis	No 75 (100.0%)	1 (50.0%)		
	Yes 0 (00.0%)	1 (50.0%)		
Chronic kidney injury			1.000	0.0001
Clinical diagnosis	No 115 (100.0%)	0 (00.0%)		
	Yes 0 (00.0%)	1 (100.0%)		

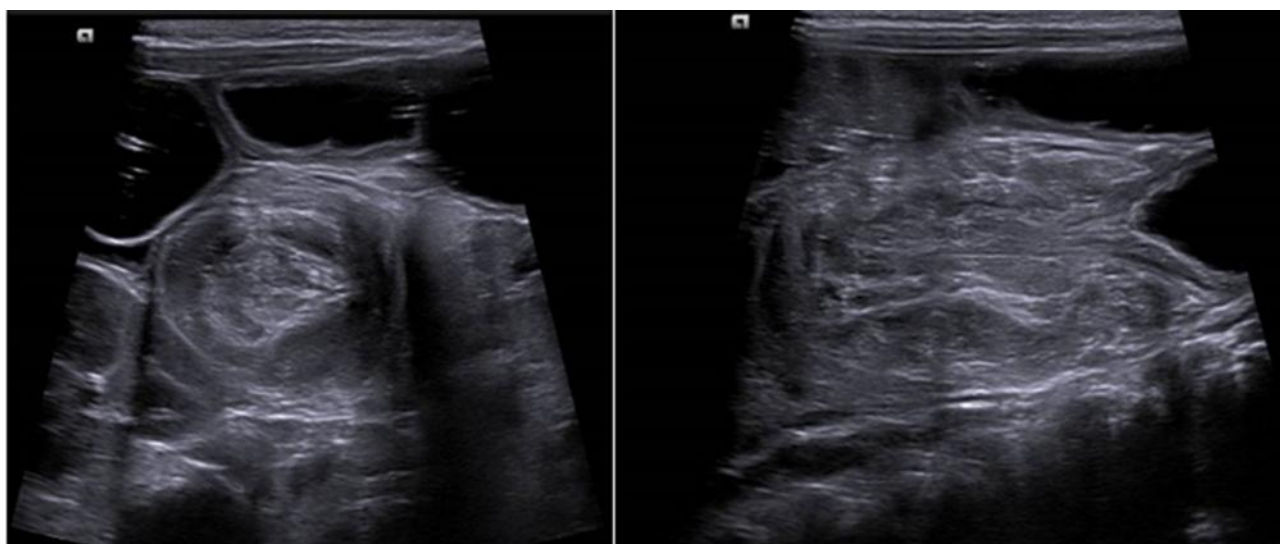


Figure 4: Intussusception in a 3 year-old female presenting with irritability and bloody stools. Abdominal ultrasound in axial plane (target sign) and in longitudinal plane (pseudo-kidney sign)

4. Discussion

This study assessed the profile of non-traumatic abdominal emergencies (NTAEs) in children at two regional hospitals in Cameroon, highlighting the predominance of ultrasound as the imaging modality, the leading etiologies identified, and the moderate concordance between clinical and imaging diagnoses. Our findings underscore the central role of imaging in improving diagnostic accuracy and guiding management in resource-limited settings.

4.1 Socio-demographic characteristics

In our study, males predominated (57.9%) with a sex ratio of 1.4:1. This finding is consistent with Khalid et al. in India, who reported a similar male predominance (57%, sex ratio 1.3) [10]. Conversely, Asse et al. in Côte d'Ivoire observed a female predominance in their cohort, suggesting that sex distribution may vary across populations and could be influenced by genetic, environmental, or healthcare-seeking factors [11]. The median age of 7 years in our cohort was comparable to Sibanda et al. in Uganda (6 years) [6] and slightly lower than Kouadio et al. in Côte d'Ivoire (9 years) [12]. School-aged children (6–12 years) were the most represented group, consistent with Bobossi et al. in the Central African Republic, who reported a mean age of 8.6 years [13]. This predominance of older children may reflect their greater ability to complain about abdominal symptoms, leading to earlier presentation and diagnosis compared to infants and toddlers.Xx

4.2 Clinical presentation

Abdominal pain was the most common presenting symptom, generalized in 31.1% and localized in 24.0% of cases. This aligns with Kouadio et al., who also reported a predominance of generalized abdominal pain (77.6%) [12]. The diffuse nature of pain in children may be explained by their limited ability to localize discomfort, especially in younger age groups. Vomiting (33.4%) and fever (21.9%) were frequent associated symptoms, though at lower rates than those reported by Asse et al. in Côte d'Ivoire (56% and 86.6%, respectively) [11]. Such variations may reflect differences in case mix, severity at presentation, or referral patterns.

Abdominal tenderness was the most common clinical sign, followed by distension (16.4%) and palpable mass (15.3%). In contrast, Essobiyou et al. in Togo [7] found abdominal guarding to be the most frequent sign, likely because their study population included only surgical NTAEs. This highlights how study design and inclusion criteria can influence the clinical spectrum observed.

4.3 Imaging practices

Imaging was performed in all patients, with ultrasound being the most frequently requested modality (79.3%). Plain abdominal radiography was used in 20.5% of cases, while CT was rarely performed. A combination of ultrasound and plain abdominal radiography was used in 12 cases (10.3%). Several studies have highlighted the relevance of combining radiography and ultrasound for the rapid diagnosis of non-traumatic acute abdominal

pain in both pediatric and adult populations [14–17]. Although these two modalities are less sensitive than CT scanning, they remain complementary in settings with limited resources, lack of CT availability, and concerns about minimizing exposure to ionizing radiation—particularly in children.

The predominance of use of ultrasonography reflects both its accessibility and its advantages in pediatric populations: absence of ionizing radiation, non-invasiveness, and relatively low cost. Similar findings have been reported in Uganda, where ultrasound demonstrated high sensitivity for common pediatric abdominal emergencies [6]. These findings are concordant with literature [18] which describes ultrasonography as the preferred initial imaging in pediatric patient, thus reinforcing the role of ultrasound as the cornerstone of pediatric abdominal imaging especially in resource-limited settings.

4.4 Etiologies and diagnostic concordance

On imaging, intussusception was the most common etiology (15.5%), followed by peritonitis (14.7%) and hernia (10.3%). This pattern is consistent with Mishra et al. in India, and Nyaga et al. in Kenya who also identified intussusception as main diagnosis on ultrasound [19,20]. In their study N'goran et al. found as main etiology of NTAE, appendicitis, peritonitis and intussusception, but all their participants underwent a laparotomy [17].

Clinically, there was no suspicion of mesenteric lymphadenitis. But it was diagnosed on ultrasound with same frequency as acute appendicitis for which it is the main non-surgical differential diagnosis. For Mehrotra et al, ultrasonography is the best tool to rapidly differentiate mesenteric lymphadenitis from acute appendicitis; and thus avoid an unnecessary surgical intervention [21].

Overall concordance between clinical and imaging diagnoses was 52%, comparable to Akanni et al in Benin (52.31%) and Kouadio et al. in Côte d'Ivoire (55%) [12,22]. This is not in accordance with Bah et al. in Guinee who found a clinic-radiological concordance of about 70%, but most of the participants were adults, CT scanning was performed for 20% of the participants and all of them underwent a surgical procedure [16].

Substantial agreement was observed for hernia and intussusception, while appendicitis showed only moderate concordance. This suggests that while clinical suspicion remains valuable, imaging is indispensable for confirming diagnoses and avoiding misclassification.

The moderate concordance also reflects the inherent diagnostic challenges in pediatric populations, where overlapping symptoms often obscure the underlying pathology.

4.5 Strengths and limitations

This study provides recent data on pediatric NTAEs in South-West Cameroon, covering two major referral hospitals. However, its retrospective design limited the completeness of data, and the very small number of CT cases precluded meaningful comparisons across modalities. Although our study assessed concordance and agreement between clinical and imaging diagnoses, we were unable to calculate sensitivity and specificity for the different imaging modalities. This limitation is due to the absence of a definitive gold standard, such as surgical or histopathological confirmation, against which imaging findings could be compared. Future prospective studies incorporating surgical outcomes or long-term follow-up would be valuable to establish the sensitivity, specificity, and predictive values of ultrasound and other imaging techniques in pediatric non-traumatic abdominal emergencies. Such data would provide stronger evidence to guide imaging protocols and optimize resource allocation in similar settings.

5. Conclusion

Pediatric non-traumatic abdominal emergencies are common in our setting and remain a diagnostic challenge. Ultrasound is the first-line imaging modality for pediatric NTAEs in resource-limited settings, given its safety, accessibility, and diagnostic yield. Intussusception emerged as the leading etiology, and while clinical suspicion remains important, imaging significantly improves diagnostic accuracy, particularly for conditions such as peritonitis, acute appendicitis and mesenteric lymphadenitis. Strengthening imaging capacity and protocol guidelines could reduce misdiagnosis, improve outcomes, and guide evidence-based policy for pediatric emergency care in Cameroon.

Conflict of interest

The authors declare no conflict of interest

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